

# Nursing And Midwifery Survival Guide

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**A Nurse's Survival Guide to Leadership and Management on the Ward - E-Book** Brian Dolan 2018-12-05 When you become a ward or unit manager, sister or charge nurse, your responsibilities change and you need a very different set of skills compared to your previous roles. You are now required to manage a team of staff with a set budget and are responsible for maintaining an environment in which people can work well. This book will help you to: Identify your responsibilities and best approaches as a manager to provide patients with a high standard of care through your staff; Read through examples, suggestions and tips following a highly practical approach; Manage your staff, time and budget; Create a positive work environment; Features: Completely updated and revised content written by well-known authors with extensive experience in the field; New sections on responsible use of social media, working with different generations in the workplace; how to make an impact, taking care of yourself etc. Leading teams in the context of enduring financial and staffing constraints Part of the A Nurse's Survival Guide series.

**Labour Midwifery Skills** Alison Edwards 2020-11-09 This pocket-sized book, presented in an easy-to-follow format, is designed as a tool for students and professionals to carry in any setting, providing a quick reference guide to supporting women during labour. Used as a platform for wider reading, this text is an ideal reference point for any student or professional involved with the care of childbearing women.

**A Nurse's Survival Guide to Leadership and Management on the Ward E-book** Jenny Thomas 2012-09-14 Are you managing other people? If so, you will find this an indispensable guide to situations and problems faced by ward managers, sisters and charge nurses today. This new edition retains the book's practical approach, providing hints and tips on cutting through bureaucracy to ensure patient care remains uppermost on your agenda. This book will help you to Manage your time Create a positive work environment Ensure care is patient-centred Manage your budget Be politically aware Manage difficult staff and situations This book will help you to • Organise yourself and your workload • Manage staff, people and difficult situations • Make sure care is patient-centred • Manage your budget • Deal with complaints • Handle staff recruitment • Be a good role model. This new edition retains the book's practical approach, providing hints and tips on cutting through bureaucracy to ensure patient care remains uppermost on your agenda. Reflects the most recent developments affecting ward management, including the current national focus on quality indicators and working within tighter budgets. Updated guidance on pertinent issues such as 'whistle-blowing' and 'safeguarding'. A new chapter on 'Improving Quality and Safety' explains the national quality initiatives and their impact, as well as taking you through the practical processes of handling complaints and incidents.

**Myles Survival Guide to Midwifery E-Book** Maureen D. Raynor 2017-03-15 New edition of the hugely popular Survival Guide to Midwifery, originally created in response to student requests for quality-assured, 'dip into' information designed for use in the clinical environment. The latest edition is fully updated throughout and has new authorship from the UK and Australia. Helpful bullet point style allows rapid access to essential information Useful revision guide for examinations and assessments Contains common abbreviations, medications, drug calculations, glossary of common terms, and normal values Thoroughly revised to reflect key developments in current midwifery practice Now includes further reading and useful website addresses

**A Survival Guide to Children's Nursing - Updated Edition E-Book** Sharon L. Edwards 2019-07-13 What will you find in this UPDATED edition: Answers to some of your questions about embarking on your career into children's nursing; How to safely care for children's needs in the ward according to their age and stage of their development; Examples on legal, health and safety issues; Completely updated and revised content written by authors with extensive nursing experience in the field. Part of the A Nurse's Survival Guide series

**Nursing & Health Survival Guide** Alison Edwards 2014-09-11 A pocket-sized reference tool for quick access to crucial information in any community or antenatal setting. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

**Postnatal and Neonatal Midwifery Skills** Alison Edwards 2020-11-05 This pocket-sized book, presented in an easy-to-follow format, is designed as a tool for students and professionals to carry in any setting, providing a quick reference guide to supporting women and babies during the postnatal/neonatal period. Written in an accessible way, this book provides step-by-step processes for students to follow, and is ideal for professionals to share with the women and families in their care.

**The Extreme Sport of Nursing While BLACK!** S. D. Onyango 2021-08-06 Racism in the NHS and other organisations is still an ongoing issue that has been highlighted by the recent black lives matter movement as well as the COVID19 pandemic. It is also great that more and more people are coming out and being vocal about it and calling for change which in my opinion is way overdue. I am also encouraged by the younger generation who are coming up the ranks and calling out incidences of racism and inappropriate behaviour. While all this is good and looks like we are heading in the right direction with regards to stamping out racism within and without the NHS, we must not lose sight of the fact that there are colleagues who are living this sad reality at this moment any given day up and down the country with serious consequences for their lives, livelihoods, health and family life and it can be a very lonely and frustrating place to be in. The COVID19 pandemic and the Black Lives Matter movement have highlighted the issue of continued racism within the NHS and the wider work community. A number of recent studies have shown that black people still face alot of racism and job discrimination in the United Kingdom(U.K). Indeed a disproportionate number of Black, Asian and Minority Ethnic(BAME) nurses and midwives get referred to the Nursing and Midwifery Council (NMC) by their employers as opposed to their White counterparts, this is according to findings published by the NMC of their - Equality, Diversity and Inclusion research\* with the NMC not faring any better in dealing with racism within its organisation and in how it deals with the findings that a disproportionate amount of BAME nurses are referred to them under fitness to practice. It is disheartening and plainly unbelievable that in 2021 we are still talking about race and racism and that as a black nurse, indeed a black worker anywhere, i have to put in three times the effort, triple check my work and be in constant awareness of systems and regulations that in some instances sorely exist to trip me up. It is frankly exhausting but until change comes and I would like to believe that it will come, we still have to be on our guard, double up and prove ourselves over and over again. In this unofficial guide, I aim to pass on some of the gems I have learned and have been passed on over the years in what I call the extreme sport of nursing while black, in the hope that it will help my fellow Black Nurses navigate their workplaces, maybe even the playing field a little bit while we wait for changes to take place within and without our workplaces. There are brilliant people out there who are voicing their concerns and shaking up the status quo. Silence is no longer an option. We must make our voices heard. Dr Maya Angelou sums it up beautifully in this quote below. "When you know you are of worth - not asking it but knowing it - you walk into a room with a particular power" - Dr Maya Angelou.

**Nursing and Midwifery Student's Clinical Midwifery Survival Guide** Kerry Reid-Searl 2012 The Nursing and Midwifery Student's Clinical Midwifery Survival Guide is a small pocket-sized guide providing quick reference to useful information needed for the care of low risk midwifery clients. It has been written specifically for nursing students and beginning practice midwives.

**Patient Consent** Elizabeth Charnock 2017-09-29 Ideal for quick reference, this pocket-sized (120x80mm), spiral-bound book in the popular Nursing & Health Survival Guide series puts all the crucial information about patient consent at your fingertips. There is an obligation for practitioners to obtain valid consent from their patients before examination, routine personal care or therapeutic treatment. However, the law relating to consent is complex. Situations may arise where a patient requires urgent treatment, yet is either unwilling or unable to give their consent, or there are concerns over the form and context of the consent. All you need to know on: the underlying principles of consent; consent and the adult patient; consent and the adult who lacks capacity; children and consent; young people and consent.

**Medical Abbreviations & Normal Ranges** Helen Jones 2019-04-09 Part of the skill of nursing and healthcare involves being able to decipher and understand the meanings of results and abbreviations. Fully updated, this second edition is a handy survival guide which will supply you with up-to-date information and help you understand this language, so that you can provide appropriate holistic care to your patients.

**Nursing & Health Survival Guide: Compassion, Caring and Communication** Barbara Smith 2013-10-08 Compassion, caring and communication are all fundamental parts of patient care and something all health and social care workers encounter on a daily basis. This user-friendly reference guide will help you care for your patients in a person-centred way. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

**A Nurse's Survival Guide to Supervising & Assessing E-Book** Karen Elcock 2021-09-22 Are you supporting students in practice? This book provides an overview of the different approaches and summarises the key NMC Standards that you need to understand. You will follow the student's journey on placement starting from the preparation needed before they arrive through to the orientation, initial interview and planning of learning, plus how to provide feedback and ensure that your assessment is fair and objective. Some of the challenges you may face will be explored, along with approaches you can use to ensure successful outcomes. This is an indispensable handbook for: both new and experienced nurses seeking practical advice academic staff who prepare and support practice supervisors and assessors students undertaking modules on teaching and learning in practice Based on the NMC standards for student supervision and assessment Offers guidance and tips on supporting and assessing students on placements Presents sections on understanding you, supporting the student with additional needs, and using simulated learning Covers how to support students who are not making the progress expected Action points at the end of each chapter will help you consolidate your learning Part of the A Nurse's Survival Guide series. Now fully aligned to the latest NMC standards and competencies on supervision and assessment.

**The Junior Doctor Survival Guide - Epub3** Paul Watson 2017-03-23 Be punctual, hard-working and honest, but most importantly - be excellent. Written by residents, for interns and residents, the Junior Doctor Survival Guide is a thorough, focused summary of everything you need to know to get through your internship and residency (relatively) intact. It provides advice on seeking help from your senior clinicians, ensuring ethical practice and decision making, conducting an efficient ward round and carrying out emergency assessments and includes a concise overview of the salient features of specialist medical and surgical care in both in- and outpatient settings. Covering both clinical and professional contexts, this guide will support you to build your confidence in applying the principles you learned in medical school to the real world. Scenario boxes - how difficult conversations should be approached Common medications - quick reference tables of common medications and dosages Clinical abbreviations and acronyms - a comprehensive list of common abbreviations and acronyms used throughout clinical settings. Full eBook on ExpertConsult

**A Pocket Guide for Student Midwives** Stella McKay-Moffat 2010-09-07 A Pocket guide for Student Midwives, 2nd edition is an accessible, portable book offering student midwives everything they need to grasp the key elements of midwifery language, knowledge and skills. The new edition of this useful 'aide memoire' is structured in two parts. The first includes relevant terms, abbreviations and definitions. The second part is a quick A-Z reference guide to common conditions, procedures, emergency situations, and supporting information enhanced by visual material to aid comprehension of normality and anomalies. The innovative action flow charts enables rapid access to information that logically guides the reader through procedures in potentially life threatening situations, in both home and hospital settings. A Pocket guide for Student Midwives, 2nd edition is essential reading for the new non-nurse student midwife, the experienced nurse entering the midwifery profession, and senior student midwives alike. A handy portable 'survival guide' for student midwives Fully updated to include the latest NMC directives, legislation, and policies Includes flow charts, illustrations, and activities *Critical Resilience for Nurses* Michael Traynor 2017-03-27 The nursing profession is under pressure. Financial demands, student debt, the target culture, political scrutiny in the wake of major care scandals and increasing workloads are all taking their toll on professional morale and performance. This timely book considers the meaning of resilience in this adverse context and explains why measures to preserve individual nurses' and students' well-being are flawed if they don't take into account wider political and organizational perspectives. Arguing that healthcare can be thought about and experienced differently, this book: provides a summary of the latest research on resilience, explaining its relevance and also limitations for nurses; considers debates about compassion and highlights the effects of policy agendas on nurse education and nursing work; re-evaluates nursing's professional identity, including where nursing has come from and the effects of class, gender and race on its powerbase; assesses the role of politics and social media, both in driving change and feeding resistance; and introduces the idea of critical resilience as a complete framework for resisting bullying and fostering survival and change in the nursing workforce. Direct, upbeat, at times provocative and witty, this agenda-setting book enables nurses to understand why they feel the way they do. It also lists what opportunities are available to them to change, resist and survive in what has become a complex, challenging - if still deeply rewarding - line of work.

**Staff Nurse Survival Guide** John Fowler 2012-07-12 This handy second edition uses the same easy to read question and answer format as the first,

containing over 80 questions and answers from 19 different specialists. It is divided into five chapters and covers topics such as:- Dealing with complaints, Mental health, Clinical supervision, Dealing with aggression and bereavement, Central venous pressure monitoring, Mentoring a student **Postnatal and Neonatal Midwifery Skills** Alison Edwards 2020-11-06 This pocket-sized book, presented in an easy-to-follow format, is designed as a tool for students and professionals to carry in any setting, providing a quick reference guide to supporting women and babies during the postnatal/neonatal period. Written in an accessible way, this book provides step-by-step processes for students to follow, and is ideal for professionals to share with the women and families in their care.

**Survival Guide to Midwifery E-Book** Diane M. Fraser 2012-06-15 Perfect for practice placement, this handy Survival Guide gives you the clinical information you need at your fingertips. Pocket-sized guide to midwifery High-level summary of the clinical content needed for practice Concise, bullet-point style for quick reference Section on anatomy Great revision aid! • Pocket-sized guide to midwifery • High-level summary of the clinical content needed for practice • Bullet-pointed for quick reference • Section on anatomy • Great revision aid! Perinatal Mental Health chapter updated from confidential enquiries into maternal deaths; findings and recommendations applied to practise New appendix on 'An aid to calculations in midwifery practice' helps students to calculate correct doses of medicines and intravenous infusions Illustrations improved to enhance clarity of understanding More-compact size makes it easier to carry around.

**Nursing & Health Survival Guide: Portfolios and Reflective Practice** Susan Lillyman 2014-09-11 Reflective practice is a requirement for all healthcare professionals. This essential guide will help you develop the skills to be effective as a reflective practitioner within any clinical environment. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

**NURSING AND MIDWIFERY** Kerry Reid-Searl 2012 StrongNursing and Midwifery: Student's Clinical Midwifery Survival Guide eBook.

**Nursing & Health Survival Guide: Essential Clinical Skills** Susan Carlisle 2014-09-11 Whether you're a student nurse on clinical placement or a healthcare worker on a busy ward, you need practical guidance at your fingertips, fast! This pocket-sized guide will help you to provide safe, effective, everyday patient care. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

**The Student Nurse Handbook** Bethann Siviter 2008 Bec Shepherd is a malaria researcher struggling to lead a good life. Ritchie, her reprobate brother, is a rock star turned TV producer. When Bec refuses an offer of marriage from a powerful newspaper editor and Ritchie's indiscretions catch up with him, brother and sister are forced to choose between loyalty and betrayal.The Heart Broke In is an old-fashioned story of modern times, a rich, ambitious family drama of love, death and money in the era of gene therapy and Internet exposes. From the author of the 'spellbinding' (Guardian), 'quite extraordinary' (Philip Pullman), 'startlingly original' (Mail on Sunday) novel, The People's Act of Love

**Launching Your Career in Nursing and Midwifery** Annabel Smoker 2015-12-01 Gaining a first job as a nurse or midwife is becoming not only highly competitive but an increasingly more complex process. This practical guide will help students get ahead of other applicants by picking apart the experience of applying for a job from start to finish. Readers will discover a wealth of information on career planning, continuing professional development and next steps. Accessible and user-friendly, this is an essential text for student nurses and midwives at any stage in their pre-registration education, and more especially for those in their final year, as they prepare for the move into qualified employment or further discipline specific study.

*The Public Health Crisis Survival Guide* Joshua M. Sharfstein 2018-05-16 Firefighters are taught to battle flames. Police learn to respond quickly to 911 calls. So why are so few health officials prepared for public health crises? The Public Health Crisis Survival Guide is here to help. Whether it's an infectious disease outbreak, a scathing news report, or a sudden budget calamity, this book gives public health readers an honest and practical overview of what to do when things go wrong – not just to survive, but to lead and thrive in the most difficult circumstances. With examples drawn from history, recent headlines, and the author's own experience at the local, state, and federal levels, this book covers: · how to recognize, manage, and communicate in a crisis · how to pivot from managing a crisis to advocating for long-term policy change that can prevent the crisis from happening again · how to awaken a sense of crisis on a longstanding problem to generate momentum for change · taboo topics, including whether and how to apologize for mistakes Written by a voice of experience, practicality, and good humor, The Public Health Crisis Survival Guide will be a source of enrichment and reassurance for the next generation of public health students and practitioners.

**The Student Nurse Handbook3** Bethann Siviter 2013 This convenient Handbook will be invaluable to students starting out on a pre-registration nursing course. Covering a broad range of topics, from helping understand what tutors and mentors expect, how to plan work, and coping with stress, it will support undergraduates across all aspects of student life. This book will help students to: Write assignments Cope with stress Make the most of clinical placements Reflect on practice Understand nursing models, theories and philosophies Understand medical terminology and nursing jargon Deal with legal and ethical issues.

**Postnatal and Neonatal Midwifery Skills** Alison Edwards 2020-10 "This pocket-sized book presented in an easy to follow format, is designed as tool for students and professionals to carry in any setting, providing a quick reference guide to supporting women and babies during the postnatal/neonatal period. Written in an accessible way, this book provides step by step processes for students to follow, and is ideal for professionals to share with the women and families in their care"--

**Labour Midwifery Skills** Alison Edwards 2020-06-06

**Nursing & Health Survival Guide: Record Keeping** Susan Lillyman 2014-09-11 Effective record keeping is a sign of safe and skilled Nurses and Midwives and is a legal requirement for all Healthcare professionals. This pocket-sized guide provides you with the tools to write clear and concise records. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

*A Nurse's Survival Guide to Drugs in Practice E-Book* Ann Richards 2020-08-14 Following the success of the previous edition, A Nurse's Survival Guide to Drugs in Practice has been completely updated with revised content written by expert practitioners and educators in the field of drug administration and pharmacology. It continues to follow the popular systems approach and is now revised with new sections on the immune system added. The book provides the underpinning current knowledge required for professional judgement and safer medication management. This will be an invaluable resource for those studying prescribing courses as well as being useful for paramedics, student nurses and all qualified staff. A more detailed account of medication management, including drug errors and strategies to mitigate against them occurring, is included. The multidisciplinary nature of drug administration from the naming of drugs, through drug preparation, administration and outcome are taken into account.

**Nmc Survival Guide** Lucy La Zouche 2014-10-30 The Nursing and Midwifery Council (NMC) is the UK regulatory body for nurses and midwives. Some 670,000 health professionals in England, Wales, Scotland and Northern Ireland are currently registered with the NMC. In fact, you cannot practise as a nurse or midwife in the UK without being registered with the NMC. The NMC fitness to practise process is protracted and can be very stressful. Case Law plays a very important part in NMC hearings and, let's face it, the lawyers who are key players in the proceedings have no incentive to make this simple. The aim of this book is to provide a guide which will demystify the process and help nurses and midwives to get the best possible result even in the most difficult circumstances.

**Nursing & Health Survival Guide: Labour Midwifery Skills** Alison Edwards 2014-06-06 Ideal for quick reference in any community or birth environment, this pocket-sized guide puts all the crucial information at your fingertips. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

*Nursing & Health Survival Guide: Postnatal & Neonatal Midwifery Skills* Alison Edwards 2014-06-06 A pocket-sized reference tool for use in any community or postnatal setting, this guide puts crucial postnatal and neonatal information at your fingertips. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

**The Newly Qualified Nurse's Survival Guide** Jackie Hole 2018-10-08 Even after years of training and hard work, finding yourself on the threshold of your nursing career is often a daunting prospect. In this revised and updated second edition, Jackie Hole provides clear, practical advice on both managing the transition from student to qualified nurse - including getting the most from your final placement and making applications - and practical advice on key areas encountered in the first weeks and months after qualification. Drug safety, dealing with common clinical problems, and how and when to seek expert advice are all covered, while a newly written chapter addresses the key area of infection control. Management aspects such as delegation, objective setting, budgeting, prioritisation of care and time management are outlined clearly and engagingly, along with questions of professional development and career futures. This book will be invaluable to newly-qualified nurses, as well as to student nurses, nurse tutors, and experienced nurses wishing to gain an insight into their own practice and changes in the profession.

**Nursing Student's Clinical Survival Guide** 2018

*Nursing & Health Survival Guide: Record Keeping* Susan Lillyman 2014-09-11 Effective record keeping is a sign of safe and skilled Nurses and Midwives and is a legal requirement for all Healthcare professionals. This pocket-sized guide provides you with the tools to write clear and concise records. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad.

*Becoming a Student Midwife* Ellie Durant 2014-10-24 'Becoming a Student Midwife' is essential reading for anyone wanting to become a midwife in the UK. It's designed to get you thinking like a midwife and navigate the hurdles of your application into midwifery! It also crucially features personal statement examples and detailed line by line analysis (good and bad) and over 50 Interview questions, analysis and answers.Topics include: Making sure Midwifery is right for you Getting the kind of experience that will get you noticed (in a good way!) Choosing your UK Midwifery Course and handling UCAS Writing an kick-ass Personal Statement The Essential Facts you need to know for your interview Use Nervousness to your Advantage with my acronym 'DOPE' (not that kind of dope) to Combat Anxiety in Interview Situations Maths and Literacy revision, 2x practice literacy and 2x practice maths tests and markschemes 50 Interview Questions, Analysis and Answers Whether you are starting out with a dream and don't know where to begin, or just need to bring your experience together, this book can help. It was written for you by a qualified midwife in conjunction with a careers advisor and midwifery interviewers. Feedback and Reviews: "Amazing book, I only wish I had read this before I applied last year! I made so many of the mistakes mentioned in the book! This year I have so much more confidence, thanks to the advice and information from this book. Thanks Ellie!" -Gemma, Gloucestershire "Q+As, inside tips and knowledge, it gets you thinking like a midwife. It's so competitive to get onto a course, this book is exactly what I was looking for!" -Meena, London "Found your book and it has reignited my excitement for midwifery! I am working towards being a student midwife and this has been really reassuring! I can actually do this!" - Kim, Leicester "She seems to really remember and understand what it's like to be at the beginning of your journey. Ellie breaks down every little step for you." - Mirriam, Reading "I ...wanted to say a HUGE thank you! I recently like a bolt from the blue realised I want to be a midwife - and then found out how hard it is to get on a course! Your book makes it so simple to see exactly what you need to do!" -Josie, Leicester

**Midwifery Survival Guide** Jacqui Williams 2011 This new edition follows Q&A format that has made the series so popular for its practical, clinical approach. It will serve as a quick referral guide for newly qualified midwives and be an aide memoire in practice settings. The design will enable readers to easily access the information in a format which is easy to read. It presents current guidelines and best evidence. Final year student midwives have a plethora of activities and assessments to be able to complete their diploma/degree courses and qualify as midwives. Following the commencement of their first employment they have to meet various Trust requirements and complete a number of key activities to orientate to their new role. This is an intensive time of study and adjustment to new roles so a text which could support these processes will be invaluable. This book could also be used by Senior Student Midwives to prepare them for qualifying as midwives and be insightful of what will be expected to achieve during their first year of registration.

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