

Every Patient Tells A Story Medical Mysteries And The Art Of Diagnosis Paperback 2010 Author Lisa Sanders

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The Real Doctor Will See You Shortly Matt McCarthy 2016-04 "A young doctor stumbles through his experience as a first year intern at a major New York hospital"--

Widen the Window Elizabeth A. Stanley, PhD 2019-09-24 "I don't think I've ever read a book that paints such a complex and accurate landscape of what it is like to live with the legacy of trauma as this book does, while offering a comprehensive approach to healing." --from the foreword by Bessel van der Kolk A pioneering researcher gives us a new understanding of stress and trauma, as well as the tools to heal and thrive Stress is our internal response to an experience that our brain perceives as threatening or challenging. Trauma is our response to an experience in which we feel powerless or lacking agency. Until now, researchers have treated these conditions as different, but they actually lie along a continuum. Dr. Elizabeth Stanley explains the significance of this continuum, how it affects our resilience in the face of challenge, and why an event that's stressful for one person can be traumatizing for another. This groundbreaking book examines the cultural norms that impede resilience in America, especially our collective tendency to disconnect stress from its potentially extreme consequences and override our need to recover. It explains the science of how to direct our attention to perform under stress and recover from trauma. With training, we can access agency, even in extreme-stress environments. In fact, any maladaptive behavior or response conditioned through stress or trauma can, with intentionality and understanding, be reconditioned and healed. The key is to use strategies that access not just the thinking brain but also the survival brain. By directing our attention in particular ways, we can widen the window within which our thinking brain and survival brain work together cooperatively. When we use awareness to regulate our biology this way, we can access our best, uniquely human qualities: our compassion, courage, curiosity, creativity, and connection with others. By building our resilience, we can train ourselves to make wise decisions and access choice--even during times of incredible stress, uncertainty, and change. With stories from men and women Dr. Stanley has trained in settings as varied as military bases, healthcare facilities, and Capitol Hill, as well as her own striking experiences with stress and trauma, she gives readers hands-on strategies they can use themselves, whether they want to perform under pressure or heal from traumatic experience, while at the same time pointing our understanding in a new direction.

Trauma Room Two Philip Allen Green 2015-09-03 In every hospital emergency department there is a room reserved for trauma. It is a place where life and death are separated by the thinnest of margins. A place where some families celebrate the most improbable of victories while others face the most devastating of losses. A place where what matters the most in this life is revealed. Trauma Room Two is just such a place. In this collection of short stories, Dr. Green takes the reader inside the hidden emotional landscape of emergency medicine. Based on fifteen years of experience as an ER physician, he reveals the profound moments that often occur in emergency rooms for patients, their families, and the staff that work there.

True Medical Detective Stories Clifton K. Meador, M.D. 2012-06-01 Modern technology has

given rise to electronic medical records, remote monitoring systems, and satellite-enabled real-time examinations in which patient and physician might be separated by thousands of miles. Yet, when it comes to diagnosing difficult cases, the clinician's strongest asset might just be one of the oldest tools of the medical profession—careful listening. True Medical Detective Stories is a fascinating compendium of nineteen true-life medical cases, each solved by clinical deduction and facilitated by careful listening. These accounts present puzzling low-tech cases—most of them serious, some humorous—that were solved either at the bedside or by epidemiological studies. Dr. Clifton Meador's book is a wonderful contribution to the genre of medical detective stories mastered by the legendary Berton Roueché. As a staff writer at The New Yorker from 1944 until his death fifty years later, Roueché popularized this form, which has provided source material for feature films and most recently supplied scenarios featured in medical television dramas, such as House. While Hollywood frequently oversimplifies and elides the real clinical situations, True Medical Detective Stories sets the record straight with a voice of authority and an engaging style rooted in the fact that most of the cases presented involve Dr. Meador's actual patients. Dr. Meador discovered Berton Roueché's writing as a teenager, when he first read *Eleven Blue Men*. In an astonishing twist of fate, Roueché, in later years, traveled to Nashville to meet with Dr. Meador and discuss one of his cases, with Roueché's account published posthumously under the title, *The Man Who Grew Two Breasts*. In a fitting tribute to Roueché, this perplexing case is revisited by Dr. Meador in the opening chapter of this highly enjoyable book. True Medical Detective Stories is a captivating read that will keep you marveling over the idiosyncrasies of the human body and the ingenuity of the human mind.

How Doctors Think Jerome Groopman 2008-03-12 On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong—with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can—with our help—avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. How Doctors Think offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country's best doctors, and his own experiences as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his own debilitating medical problems. How Doctors Think reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

Every Patient Tells a Story Lisa Sanders 2009 Sanders tells the true stories of doctors facing

complex medical mysteries to illustrate the art and science of diagnosis. As Sanders describes the process of solving diagnostic dilemmas, she provides a firsthand view of the combination of expertise and intuition necessary to obtain an accurate diagnosis.

The Perfect Fit Diet Lisa Sanders 2005-12-27 A physician specializing in the treatment of obesity explains how to create a customized weight-loss program that is tailored to each individual's lifestyle, medical profile, food preferences, satiety signals, and other personal factors that contribute to one's weight gain, along with sensible advice on how to control negative behavior patterns and keep weight off forever. Reprint. 35,000 first printing.

Beyond Normality Robert S. Galen 1975

What Patients Say, What Doctors Hear Danielle Ofri, MD 2017-02-07 Can refocusing conversations between doctors and their patients lead to better health? Despite modern medicine's infatuation with high-tech gadgetry, the single most powerful diagnostic tool is the doctor-patient conversation, which can uncover the lion's share of illnesses. However, what patients say and what doctors hear are often two vastly different things. Patients, anxious to convey their symptoms, feel an urgency to "make their case" to their doctors. Doctors, under pressure to be efficient, multitask while patients speak and often miss the key elements. Add in stereotypes, unconscious bias, conflicting agendas, and fear of lawsuits and the risk of misdiagnosis and medical errors multiplies dangerously. Though the gulf between what patients say and what doctors hear is often wide, Dr. Danielle Ofri proves that it doesn't have to be. Through the powerfully resonant human stories that Dr. Ofri's writing is renowned for, she explores the high-stakes world of doctor-patient communication that we all must navigate. Reporting on the latest research studies and interviewing scholars, doctors, and patients, Dr. Ofri reveals how better communication can lead to better health for all of us.

That One Patient: Doctors and Nurses' Stories of the Patients Who Changed Their Lives Forever Ellen de Visser 2022-02-17

Maternal and Infant Assessment for Breastfeeding and Human Lactation Karin Cadwell 2006 Maternal and Infant Assessment for Breastfeeding and Human Lactation: A Guide for the Practitioner, Second Edition explores the characteristics of breastfeeding problems that can be seen, heard, or observed, and allows the assessor to distinguish between breastfeeding problems and actual medical issues. This text is designed for healthcare professionals who are responsible for developing a process for determining the breastfeeding status of mothers and infants. While past experience can provide some direction for exploration, a thorough assessment demands detailed examination of the unique aspects of the new situation. Assessors must individually tailor their approach depending on the circumstances; this text offers appropriate solutions to various potential issues. The second edition of Maternal and Infant Assessment for Breastfeeding and Human Lactation includes extensive new colored pictures and diagrams, as well as additional key information on the challenges of breastfeeding a premature infant.

The Invisible Kingdom Meghan O'Rourke 2022-03-01 A NEW YORK TIMES BESTSELLER "Remarkable." —Andrew Solomon, The New York Times Book Review "At once a rigorous work of scholarship and a radical act of empathy."—Esquire "A ray of light into those isolated cocoons of darkness that, at one time or another, may afflict us all." —The Wall Street Journal "Essential."—The Boston Globe A landmark exploration of one of the most consequential and mysterious issues of our time: the rise of chronic illness and autoimmune diseases A silent epidemic of chronic illnesses afflicts tens of millions of Americans: these are diseases that are poorly understood, frequently marginalized, and can go undiagnosed and unrecognized altogether. Renowned writer Meghan O'Rourke delivers a revelatory investigation into this elusive category of "invisible" illness that encompasses autoimmune diseases, post-treatment Lyme disease syndrome, and now long COVID, synthesizing the personal and the universal to help all of us through this new frontier. Drawing on her own medical experiences as well as a decade of interviews with doctors, patients, researchers, and public health experts, O'Rourke traces the history of Western definitions of illness, and reveals how inherited ideas of cause, diagnosis, and

treatment have led us to ignore a host of hard-to-understand medical conditions, ones that resist easy description or simple cures. And as America faces this health crisis of extraordinary proportions, the populations most likely to be neglected by our institutions include women, the working class, and people of color. Blending lyricism and erudition, candor and empathy, O'Rourke brings together her deep and disparate talents and roles as critic, journalist, poet, teacher, and patient, synthesizing the personal and universal into one monumental project arguing for a seismic shift in our approach to disease. The Invisible Kingdom offers hope for the sick, solace and insight for their loved ones, and a radical new understanding of our bodies and our health.

Robert Ludlum's (TM) The Bourne Objective Eric Van Lustbader 2010-06-01 A Jason Bourne novel from the #1 New York Times bestselling author Facing down mercenaries in Africa, Jason Bourne witnesses the death of an art dealer named Tracy Atherton. Her killing dredges up snatches of Bourne's impaired memory, in particular the murder of a young woman on Bali who entrusted him with a strangely engraved ring—an artifact of such powerful significance that people have killed to obtain it. Now he's determined to find the ring's owner and purpose. But Bourne never knows what terrible acts he'll discover he committed when he digs into the past. The trail will lead him through layers of conspiracy to a vicious Russian mercenary, Leonid Arkadin, who was also a graduate of the Central Intelligence training program Treadstone. A covert course designed to create ruthless assassins for C.I., it was shuttered by Congress for corruption. Yet before it was dismantled, it produced Bourne and Arkadin, giving them equal skills, equal force, and equal cunning. As Bourne's destiny circles closer to Arkadin's, it becomes clear that the eventual collision of these men is not of their own making. Someone else has been watching and manipulating them. Someone who wants to know, Who is the more deadly agent?

Proper Doctoring David Mendel 2013-09-24 "People come to us for help. They come for health and strength." With these simple words David Mendel begins Proper Doctoring, a book about what it means (and takes) to be a good doctor, and for that reason very much a book for patients as well as doctors—which is to say a book for everyone. In crisp, clear prose, he introduces readers to the craft of medicine and shows how to practice it. Discussing matters ranging from the most basic—how doctors should dress and how they should speak to patients—to the taking of medical histories, the etiquette of examinations, and the difficulties of diagnosis, Mendel moves on to consider how the doctor can best serve patients who suffer from prolonged illness or face death. Throughout he keeps in sight the fundamental moral fact that the relationship between doctor and patient is a human one before it is a professional one. As he writes with characteristic concision, "The trained and experienced doctor puts himself, or his nearest and dearest, in the patient's position, and asks himself what he would do if he were advising himself or his family. No other advice is acceptable; no other is justifiable." Proper Doctoring is a book that is admirably direct, as well as wise, witty, deeply humane, and, frankly, indispensable.

Diary of a Med Student Daniel B Azzam 2020-09-04 From the earliest stages of our medical training, we experience unforgettable moments with our patients - inspiring, traumatic, joyful, and sometimes even humorous events. Too often, as doctors-in-training we talk about the suffering or recovery of our patients, ignoring our own emotions after these events, letting them passively shape us until we dig ourselves into an abyss of burn out and resentment. Diary of a Med Student is a book created by medical students, for medical students, doctors, pre-med students, and their loved ones to look backward, forward, and laterally on the wonderful world of medical school. This book offers a space to reflect on our emotions, process their meaning, and share them as tales of sorrow, humor, joy, or inspiration, told from the perspective of medical students writing in a diary. While the act of sharing emotion is itself therapeutic, reading these emotional challenges that we can all relate to is unifying and comforting, providing us with insight through the lessons conveyed in the light of a variety of feelings. Let this book spark a powerful domino effect of change in medical education: in the way we teach physicians to create a safe space for inner reflection and expression of emotion to ultimately enhance physician wellness.

Intern Sandeep Jauhar 2007-12-26 Intern is Sandeep Jauhar's story of his days and nights in residency at a busy hospital in New York City, a trial that led him to question our every assumption about medical care today. Residency—and especially the first year, called internship—is legendary for its brutality. Working eighty hours or more per week, most new doctors spend their first year asking themselves why they wanted to be doctors in the first place. Jauhar's internship was even more harrowing than most: he switched from physics to medicine in order to follow a more humane calling—only to find that medicine put patients' concerns last. He struggled to find a place among squadrons of cocky residents and doctors. He challenged the practices of the internship in *The New York Times*, attracting the suspicions of the medical bureaucracy. Then, suddenly stricken, he became a patient himself—and came to see that today's high-tech, high-pressure medicine can be a humane science after all. Now a thriving cardiologist, Jauhar has all the qualities you'd want in your own doctor: expertise, insight, a feel for the human factor, a sense of humor, and a keen awareness of the worries that we all have in common. His beautifully written memoir explains the inner workings of modern medicine with rare candor and insight.

One Doctor Brendan Reilly 2013-09-03 "A first-person narrative that takes readers inside the medical profession as one doctor solves real-life medical mysteries"--Provided by publisher.

When the Air Hits Your Brain: Tales from Neurosurgery Frank Vertosick 2008-03-17 The story of one man's evolution from naive and ambitious young intern to world-class neurosurgeon. With poignant insight and humor, Frank Vertosick Jr., MD, describes some of the greatest challenges of his career, including a six-week-old infant with a tumor in her brain, a young man struck down in his prime by paraplegia, and a minister with a .22-caliber bullet lodged in his skull. Told through intimate portraits of Vertosick's patients and unsparing yet fascinatingly detailed descriptions of surgical procedures, *When the Air Hits Your Brain*—the culmination of decades spent struggling to learn an unforgiving craft—illuminates both the mysteries of the mind and the realities of the operating room.

Every Patient Tells a Story Lisa Sanders 2009 A Yale School of Medicine physician, columnist for "Diagnosis," and technical advisor for the television show *House* shares the experiences of doctors facing complex medical mysteries in order to illustrate the art and science of diagnosis. Reprint. A *New York Times* extended-list bestseller.

Brain On Fire: My Month of Madness Susannah Cahalan 2012-11-13 'My first serious blackout marked the line between sanity and insanity. Though I would have moments of lucidity over the coming days and weeks, I would never again be the same person ...' Susannah Cahalan was a happy, clever, healthy twenty-four-year old. Then one day she woke up in hospital, with no memory of what had happened or how she had got there. Within weeks, she would be transformed into someone unrecognizable, descending into a state of acute psychosis, undergoing rages and convulsions, hallucinating that her father had murdered his wife; that she could control time with her mind. Everything she had taken for granted about her life, and who she was, was wiped out. *Brain on Fire* is Susannah's story of her terrifying descent into madness and the desperate hunt for a diagnosis, as, after dozens of tests and scans, baffled doctors concluded she should be confined in a psychiatric ward. It is also the story of how one brilliant man, Syria-born Dr Najar, finally proved - using a simple pen and paper - that Susannah's psychotic behaviour was caused by a rare autoimmune disease attacking her brain. His diagnosis of this little-known condition, thought to have been the real cause of devil-possession through history, saved her life, and possibly the lives of many others. Cahalan takes readers inside this newly-discovered disease through the progress of her own harrowing journey, piecing it together using memories, journals, hospital videos and records. Written with passionate honesty and intelligence, *Brain on Fire* is a searingly personal yet universal book, which asks what happens when your identity is suddenly destroyed, and how you get it back. 'With eagle-eye precision and brutal honesty, Susannah Cahalan turns her journalistic gaze on herself as she bravely looks back on one of the most harrowing and unimaginable experiences one could ever face: the loss of

mind, body and self. *Brain on Fire* is a mesmerizing story' -Mira Bartók, *New York Times* bestselling author of *The Memory Palace* Susannah Cahalan is a reporter on the *New York Post*, and the recipient of the 2010 Silurian Award of Excellence in Journalism for Feature Writing. Her writing has also appeared in the *New York Times*, and is frequently picked up by the *Daily Mail*, *Gawker*, *Gothamist*, *AOL* and *Yahoo* among other news aggregator sites.

Better Atul Gawande 2008-01-22 NATIONAL BESTSELLER The *New York Times* bestselling author of *Being Mortal* and *Complications* examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In this book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (*Salon*). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

Diagnosis Lisa Sanders 2010-06 A healthy young man suddenly loses his memory, making him unable to remember the events of each passing hour. Two patients diagnosed with Lyme disease improve after antibiotic treatment only to have their symptoms mysteriously return. A young woman lies dying in intensive care bleeding, jaundiced, incoherent and none of her doctors know what is killing her. Dr Lisa Sanders, whose hugely popular *New York Times* column inspired the hit TV show *House, M.D.*, takes us to patients' bedsides to witness the process of solving these and other diagnostic dilemmas, providing a first-hand account of the expertise and intuition that lead doctors to make the right decisions. An endlessly fascinating medical detective story, *Diagnosis* opens up as never before the finer workings of the human body, and celebrates the dedicated physicians who we may all someday need to trust with our lives.

Complications Atul Gawande 2003-04-01 A brilliant and courageous doctor reveals, in gripping accounts of true cases, the power and limits of modern medicine. Sometimes in medicine the only way to know what is truly going on in a patient is to operate, to look inside with one's own eyes. This book is exploratory surgery on medicine itself, laying bare a science not in its idealized form but as it actually is -- complicated, perplexing, and profoundly human. Atul Gawande offers an unflinching view from the scalpel's edge, where science is ambiguous, information is limited, the stakes are high, yet decisions must be made. In dramatic and revealing stories of patients and doctors, he explores how deadly mistakes occur and why good surgeons go bad. He also shows us what happens when medicine comes up against the inexplicable: an architect with incapacitating back pain for which there is no physical cause; a young woman with nausea that won't go away; a television newscaster whose blushing is so severe that she cannot do her job. Gawande offers a richly detailed portrait of the people and the science, even as he tackles the paradoxes and imperfections inherent in caring for human lives. At once tough-minded and humane, *Complications* is a new kind of medical writing, nuanced and lucid, unafraid to confront the conflicts and uncertainties that lie at the heart of modern medicine, yet always alive to the possibilities of wisdom in this extraordinary endeavor. *Complications* is a 2002 National Book Award Finalist for Nonfiction.

What Doctors Feel Danielle Ofri 2013-06-04 A look at the emotional side of medicine—the shame,

fear, anger, anxiety, empathy, and even love that affect patient care. Physicians are assumed to be objective, rational beings, easily able to detach as they guide patients and families through some of life's most challenging moments. But doctors' emotional responses to the life-and-death dramas of everyday practice have a profound impact on medical care. And while much has been written about the minds and methods of the medical professionals who save our lives, precious little has been said about their emotions. In *What Doctors Feel*, Dr. Danielle Ofri has taken on the task of dissecting the hidden emotional responses of doctors, and how these directly influence patients. How do the stresses of medical life—from paperwork to grueling hours to lawsuits to facing death—affect the medical care that doctors can offer their patients? Digging deep into the lives of doctors, Ofri examines the daunting range of emotions—shame, anger, empathy, frustration, hope, pride, occasionally despair, and sometimes even love—that permeate the contemporary doctor-patient connection. Drawing on scientific studies, including some surprising research, Dr. Danielle Ofri offers up an unflinching look at the impact of emotions on health care. With her renowned eye for dramatic detail, Dr. Ofri takes us into the swirling heart of patient care, telling stories of caregivers caught up and occasionally torn down by the whirlwind life of doctoring. She admits to the humiliation of an error that nearly killed one of her patients and her forever fear of making another. She mourns when a beloved patient is denied a heart transplant. She tells the riveting stories of an intern traumatized when she is forced to let a newborn die in her arms, and of a doctor whose daily glass of wine to handle the frustrations of the ER escalates into a destructive addiction. But doctors don't only feel fear, grief, and frustration. Ofri also reveals that doctors tell bad jokes about "toxic sock syndrome," cope through gallows humor, find hope in impossible situations, and surrender to ecstatic happiness when they triumph over illness. The stories here reveal the undeniable truth that emotions have a distinct effect on how doctors care for their patients. For both clinicians and patients, understanding what doctors feel can make all the difference in giving and getting the best medical care.

Every Patient Tells a Story Lisa Sanders 2009-08-11 A riveting exploration of the most difficult and important part of what doctors do, by Yale School of Medicine physician Dr. Lisa Sanders, author of the monthly New York Times Magazine column "Diagnosis," the inspiration for the hit Fox TV series *House, M.D.* "The experience of being ill can be like waking up in a foreign country. Life, as you formerly knew it, is on hold while you travel through this other world as unknown as it is unexpected. When I see patients in the hospital or in my office who are suddenly, surprisingly ill, what they really want to know is, 'What is wrong with me?' They want a road map that will help them manage their new surroundings. The ability to give this unnerving and unfamiliar place a name, to know it—on some level—restores a measure of control, independent of whether or not that diagnosis comes attached to a cure. Because, even today, a diagnosis is frequently all a good doctor has to offer." A healthy young man suddenly loses his memory—making him unable to remember the events of each passing hour. Two patients diagnosed with Lyme disease improve after antibiotic treatment—only to have their symptoms mysteriously return. A young woman lies dying in the ICU—bleeding, jaundiced, incoherent—and none of her doctors know what is killing her. In *Every Patient Tells a Story*, Dr. Lisa Sanders takes us bedside to witness the process of solving these and other diagnostic dilemmas, providing a firsthand account of the expertise and intuition that lead a doctor to make the right diagnosis. Never in human history have doctors had the knowledge, the tools, and the skills that they have today to diagnose illness and disease. And yet mistakes are made, diagnoses missed, symptoms or tests misunderstood. In this high-tech world of modern medicine, Sanders shows us that knowledge, while essential, is not sufficient to unravel the complexities of illness. She presents an unflinching look inside the detective story that marks nearly every illness—the diagnosis—revealing the combination of uncertainty and intrigue that doctors face when confronting patients who are sick or dying. Through dramatic stories of patients with baffling symptoms, Sanders portrays the absolute necessity and surprising difficulties of getting the patient's story, the challenges of the physical exam, the pitfalls of doctor-to-doctor communication, the vagaries of tests, and the near calamity of diagnostic errors.

In *Every Patient Tells a Story*, Dr. Sanders chronicles the real-life drama of doctors solving these difficult medical mysteries that not only illustrate the art and science of diagnosis, but often save the patients' lives.

The Healing of America T. R. Reid 2010-08-31 A New York Times Bestseller, with an updated explanation of the 2010 Health Reform Bill "Important and powerful . . . a rich tour of health care around the world." —Nicholas Kristof, *The New York Times* Bringing to bear his talent for explaining complex issues in a clear, engaging way, New York Times bestselling author T. R. Reid visits industrialized democracies around the world—France, Britain, Germany, Japan, and beyond—to provide a revelatory tour of successful, affordable universal health care systems. Now updated with new statistics and a plain-English explanation of the 2010 health care reform bill, *The Healing of America* is required reading for all those hoping to understand the state of health care in our country, and around the world. T. R. Reid's latest book, *A Fine Mess: A Global Quest for a Simpler, Fairer, and More Efficient Tax System*, is also available from Penguin Press.

Heart: A History Sandeep Jauhar 2018-09-18 The bestselling author of *Intern and Doctored* tells the story of the thing that makes us tick. For centuries, the human heart seemed beyond our understanding: an inscrutable shuddering mass that was somehow the driver of emotion and the seat of the soul. As the cardiologist and bestselling author Sandeep Jauhar shows in *Heart: A History*, it was only recently that we demolished age-old taboos and devised the transformative procedures that have changed the way we live. Deftly alternating between key historical episodes and his own work, Jauhar tells the colorful and little-known story of the doctors who risked their careers and the patients who risked their lives to know and heal our most vital organ. He introduces us to Daniel Hale Williams, the African American doctor who performed the world's first open heart surgery in Gilded Age Chicago. We meet C. Walton Lillehei, who connected a patient's circulatory system to a healthy donor's, paving the way for the heart-lung machine. And we encounter Wilson Greatbatch, who saved millions by inventing the pacemaker—by accident. Jauhar deftly braids these tales of discovery, hubris, and sorrow with moving accounts of his family's history of heart ailments and the patients he's treated over many years. He also confronts the limits of medical technology, arguing that future progress will depend more on how we choose to live than on the devices we invent. Affecting, engaging, and beautifully written, *Heart: A History* takes the full measure of the only organ that can move itself.

The Woman with a Worm in Her Head Pamela Nagami, M.D. 2002-12-06 A normal, healthy woman becomes host to a pork tapeworm that is burrowing into her brain and disabling her motor abilities. A handsome man contracts Chicken Pox and ends up looking like the victim of a third degree burn. A vigorous young athlete is bitten by an insect and becomes a target for flesh-eating strep. Even the most innocuous everyday activities such as eating a salad for lunch, getting bitten by an insect, and swimming in the sea bring human beings into contact with dangerous, often deadly microorganisms. In *The Woman with a Worm in Her Head*, Dr. Pamela Nagami reveals—through real-life cases—the sobering facts about some of the world's most horrific diseases: the warning signs, the consequences, treatments, and most compellingly, what it feels like to make medical and ethical decisions that can mean the difference between life and death. Unfailingly precise, calmly instructive, and absolutely engrossing, *The Woman with the Worm in Her Head* offers both useful information and enjoyable reading.

Dear People, with Love and Care, Your Doctors Debraj Shome 2019-08-10 From time immemorial, medicine has remained one of the most respected professions. Trust formed the unshakeable foundation of the doctor-patient relationship and, for long, doctors were treated next to God. In recent times, though, this sacred relationship is suffering from an erosion of faith. We often hear discouraging stories of doctors being abused and hospitals vandalised. The narrative is gradually turning negative—a dismal reality for both doctors and patients. We tend to forget that there are many great things happening in the medical world. Today, we are living much longer, we have managed to eradicate many diseases, we have vaccines that prevent our children from dying, life-saving surgeries are being performed while the baby is still in the womb, and we can give the gift

of life to someone by transplanting vital organs. Medical miracles are happening every day in hospitals worldwide. This book is a collection of heartfelt stories by doctors and patients from across the globe. These are stories of triumph, empathy, positivity, loss and, sometimes, failure. It goes one step ahead and captures the experience of people who surround a doctor—the mother of a doctor, a surgeon's husband and an acid attack survivor—stories that underline that a doctor too is a human being after all. Human resilience can often break barriers, and these stories serve as inspiration to both patients and doctors alike. Riveting and absolutely unputdownable, *Dear People* gives an inside view of the world of medicine and hopes to inspire millions to retain faith in this beautiful relationship.

The Devil You Know Gwen Adshead 2021-07-20 In eleven vivid narratives based on decades of providing therapy to people in prisons and secure hospitals, an internationally renowned forensic psychiatrist and psychotherapist demonstrates the remarkable human capacity for radical empathy, change, and redemption. What drives someone to commit an act of terrible violence? Drawing from her thirty years' experience in working with people who have committed serious offenses, Dr. Gwen Adshead provides fresh and surprising insights into violence and the mind. Through a collaboration with coauthor Eileen Horne, Dr. Adshead brings her extraordinary career to life in a series of unflinching portraits. Alongside doctor and patient, we discover what human cruelty, ranging from serial homicide to stalking, arson or sexual offending, means to perpetrators, experiencing first-hand how minds can change when the people some might label as "evil" are able to take responsibility for their life stories and get to know their own minds. With outcomes ranging from hope to despair, from denial to recovery, these men and women are revealed in all their complexity and shared humanity. In this era of mass incarceration, deep cuts in mental health care and extreme social schisms, this book offers a persuasive argument for compassion over condemnation. Moving, thought-provoking, and brilliantly told, *The Devil You Know* is a rare and timely book with the power to transform our ideas about cruelty and violence, and to radically expand the limits of empathy.

The Little Book of Doctors' Rules Clifton K. Meador MD 2020-04-02 Clearly the science of medicine has progressed by leaps and bounds over the last twenty years—from computerized surgery to genetic modification. Yet medicine is more than just a science. It is also an art. As medical students complete their education, however, they may find that their training has been focused solely on the mechanics of diagnosis and treatment. While this scientific knowledge is fundamental to proper healthcare, it can overlook the importance of interacting with patients. In an attempt to refocus on how vital it is for doctors to consider their patients in full, Dr. Clifton K. Meador has written *The Little Book of Doctors' Rules*. It offers simple and concise suggestions to humanize the practice of medicine. In this book, Dr. Meador draws on his nearly sixty-year medical career for nuggets of advice with both compassion and humor. Although there may not be a defined medical disease behind every physical symptom, Dr. Meador reminds us that the reason behind a symptom may be found if a doctor observes and listens carefully to a patient. He believes an effective physician treats a patient, not just a patient's disease. *The Little Book of Doctors' Rules* offers insightful rules that address a host of topics, which include developing a rapport with patients, treating dementia, and prescribing drugs. Designed for any healthcare professional, these short rules are easily understood and (mostly) non-technical. Here is a small sampling of Dr. Meador's advice, from the sage and somber to the clever and sometimes controversial. While listening to a patient, do not do anything else. Just listen. Stop drug use in treatment whenever possible. If impossible, cease a patient's use of as many drugs as possible whenever possible. Just because you know a lot of physiology, biochemistry, and anatomy does not mean you know anything about people. If all you listen to are symptoms, then all you will hear from your patients are symptoms. In addition to his own rules, Dr. Meador has included advice offered by some of the past giants of medicine. It is no coincidence that their words echo the message of this book, which gets to the true center of the healing arts.

ABC of Clinical Reasoning Nicola Cooper 2016-08-08 Being a good clinician is not just about

knowledge – how doctors and other healthcare professionals think, reason and make decisions is arguably their most critical skill. While medical schools and postgraduate training programmes teach and assess the knowledge and skills required to practice as a doctor, few offer comprehensive training in clinical reasoning or decision making. This is important because studies suggest that diagnostic error is common and results in significant harm to patients – and errors in reasoning account for the majority of diagnostic errors. *The ABC of Clinical Reasoning* covers core elements of the thinking and decision making associated with clinical practice – from what clinical reasoning is, what it involves and how to teach it. Informed by the latest advances in cognitive psychology, education and studies of expertise, the ABC covers: Evidence-based history and examination Use and interpretation of diagnostic tests How doctors think – models of clinical reasoning Cognitive and affective biases Metacognition and cognitive de-biasing strategies Patient-centred evidence based medicine Teaching clinical reasoning From an international team of authors, the ABC of Clinical Reasoning is essential reading for all students, medical professionals and other clinicians involved in diagnosis, in order to improve their decision-making skills and provide better patient care.

Fascinomas - Fascinating Medical Mysteries Clifton K. Meador, M.D. 2013-11 The author shares some of the most memorable, bizarre, interesting, but all true, stories from his medical career. *Freak the Mighty* Rodman Philbrick 2015-04-01 Max is used to being called Stupid. And he is used to everyone being scared of him. On account of his size and looking like his dad. Kevin is used to being called Dwarf. On account of his size and being some cripple kid. But greatness comes in all sizes, and together Max and Kevin become *Freak The Mighty* and walk high above the world. An inspiring, heartbreaking, multi-award winning international bestseller.

Diagnosis Lisa Sanders 2019-08-13 A collection of more than fifty hard-to-crack medical quandaries, featuring the best of *The New York Times Magazine's* popular *Diagnosis* column—now a Netflix original series “Lisa Sanders is a paragon of the modern medical detective storyteller.”—Atul Gawande, author of *Being Mortal* As a Yale School of Medicine physician, the *New York Times* bestselling author of *Every Patient Tells a Story*, and an inspiration and adviser for the hit Fox TV drama *House, M.D.*, Lisa Sanders has seen it all. And yet she is often confounded by the cases she describes in her column: unexpected collections of symptoms that she and other physicians struggle to diagnose. A twenty-eight-year-old man, vacationing in the Bahamas for his birthday, tries some barracuda for dinner. Hours later, he collapses on the dance floor with crippling stomach pains. A middle-aged woman returns to her doctor, after visiting two days earlier with a mild rash on the back of her hands. Now the rash has turned purple and has spread across her entire body in whiplike streaks. A young elephant trainer in a traveling circus, once head-butted by a rogue zebra, is suddenly beset with splitting headaches, as if someone were “slamming a door inside his head.” In each of these cases, the path to diagnosis—and treatment—is winding, sometimes frustratingly unclear. Dr. Sanders shows how making the right diagnosis requires expertise, painstaking procedure, and sometimes a little luck. Intricate, gripping, and full of twists and turns, *Diagnosis* puts readers in the doctor's place. It lets them see what doctors see, feel the uncertainty they feel—and experience the thrill when the puzzle is finally solved.

Medicine with a Human Touch Richard Dew 2011-05 What is good bedside manner? How do you tell patients they have a terminal illness? What do you do after you have told them? How do you deal with the family after a patient dies? How do you foster good relationships with patients, nurses and other physicians? How do you avoid burnout? Your answers to these and similar questions will prove crucial to your medical career. Yet during my seven years of medical school and residency, these issues were never mentioned, much less dealt with. Some programs are now making efforts to teach the human side of medicine, but medical training today is not much different from mine. I intended *Medicine with a Human Touch* to be a guide for medical students and residents in dealing with these and similar non-technical problems. Yet numerous practicing physicians who reviewed it remarked that we would all do well to reexamine periodically how we

are behaving in our everyday practice.

Hiroshima John Hersey 2020-06-23 "A new edition with a final chapter written forty years after the explosion."

The Genome Odyssey Dr. Euan Angus Ashley 2021-02-23 In *The Genome Odyssey*, Dr. Euan Ashley, Stanford professor of medicine and genetics, brings the breakthroughs of precision medicine to vivid life through the real diagnostic journeys of his patients and the tireless efforts of his fellow doctors and scientists as they hunt to prevent, predict, and beat disease. Since the Human Genome Project was completed in 2003, the price of genome sequencing has dropped at a staggering rate. It's as if the price of a Ferrari went from \$350,000 to a mere forty cents. Through breakthroughs made by Dr. Ashley's team at Stanford and other dedicated groups around the world, analyzing the human genome has decreased from a heroic multibillion dollar effort to a single clinical test costing less than \$1,000. For the first time we have within our grasp the ability to predict our genetic future, to diagnose and prevent disease before it begins, and to decode what it really means to be human. In *The Genome Odyssey*, Dr. Ashley details the medicine behind genome sequencing with clarity and accessibility. More than that, with passion for his subject and compassion for his patients, he introduces readers to the dynamic group of researchers and doctor detectives who hunt for answers, and to the pioneering patients who open up their lives to the medical community during their search for diagnoses and cures. He describes how he led the team that was the first to analyze and interpret a complete human genome, how they broke genome speed records to diagnose and treat a newborn baby girl whose heart stopped five times on the first day of her life, and how they found a boy with tumors growing inside his heart and traced the cause to a missing piece of his genome. These patients inspire Dr. Ashley and his team as they work to expand the boundaries of our medical capabilities and to envision a future where genome sequencing is available for all, where medicine can be tailored to treat specific diseases and to decode pathogens like viruses at the genomic level, and where our medical system as we know it has been completely revolutionized.

Playing the Ponies and Other Medical Mysteries Solved Stuart B. Mushlin 2017-03-23 With over

forty years of experience as a sought after diagnostician, Dr. Stuart Mushlin has cracked his share of medical mysteries, ones in which there are bigger gambles than playing the ponies at the track. Some of his patients show up with puzzling symptoms, calling for savvy medical detective work. Others seem to present cut-and-dry cases, but they turn out to be suffering from rare or serious conditions. In *Playing the Ponies and Other Medical Mysteries Solved*, Dr. Mushlin shares some of the most intriguing cases he has encountered, revealing the twists and turns of each patient's diagnosis and treatment process. Along the way, he imparts the secrets to his success as a medical detective—not specialized high-tech equipment, but time-honored techniques like closely observing, touching, and listening to patients. He also candidly describes cases where he got things wrong, providing readers with honest insights into both the joys and dilemmas of his job. Dr. Mushlin does not just treat diseases; he treats people. And this is not just a book about the ailments he diagnosed; it is also about the scared, uncertain, ailing individuals he helped in the process. Filled with real-life medical stories you'll have to read to believe, *Playing the Ponies* is both a suspenseful page-turner and a heartfelt reflection on a life spent caring for patients.

Confessions of a Surgeon Paul A. Ruggieri M.D. 2012-01-03 As an active surgeon and former department chairman, Dr. Paul A. Ruggieri has seen the good, the bad, and the ugly of his profession. In *Confessions of a Surgeon*, he pushes open the doors of the O.R. and reveals the inscrutable place where lives are improved, saved, and sometimes lost. He shares the successes, failures, remarkable advances, and camaraderie that make it exciting. He uncovers the truth about the abusive, exhaustive training and the arduous devotion of his old-school education. He explores the twenty-four-hour challenges that come from patients and their loved ones; the ethics of saving the lives of repugnant criminals; the hot-button issues of healthcare, lawsuits, and reimbursements; and the true cost of running a private practice. And he explains the influence of the "white coat code of silence" and why patients may never know what really transpires during surgery. Ultimately, Dr. Ruggieri lays bare an occupation that to most is as mysterious and unfamiliar as it is misunderstood. His account is passionate, illuminating, and often shocking—an eye-opening, never-before-seen look at real life, and death, in the O.R.